Coverage Period: 01/01/2019 - 12/31/2019
Coverage for: Individual, Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-364-3544 or visit us at <u>www.mycoresource.com</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$2,500 person / \$5,000 family; for <u>out-of-network providers</u> \$5,000 person / \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, chiropractic benefits, some copayments, charges in excess of specified benefit maximums, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.mycigna.com or call 866-364-3544 for a list of In-Network Providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$10 copay / visit	40% coinsurance	For other services received during the office visit, additional member cost-share may apply.	
	Specialist visit	\$25 <u>copay</u> / visit	50% coinsurance	For other services received during the office visit, additional member cost-share may apply.	
If you visit a health care provider's office or clinic	Other practitioner office visit.	Chiropractic: 50% coinsurance Acupuncture: \$25 copay / visit	50% coinsurance for chiropractic and 40% coinsurance for acupuncture	Coverage is limited to 12 chiropractic visits per calendar year. Additional member cost-share applies for x-ray services received during the office visit. Chiro services not subject to calendar year medical deductible.	
	Preventive care/screening/immunization	No charge	Not Covered	Deductible waived.	
	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u>	40% coinsurance	Maximum benefit of \$350 per day.	
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance At Outpatient Hospital: \$100 copay / visit + 10% coinsurance	40% coinsurance	Maximum benefit of \$350 per day.	
	Tier 1 Drugs	\$5 copay / prescription (retail) \$10 copay / prescription (mail order)	Not Covered		
If you need drugs to treat your illness or condition More information about	Tier 2 Drugs	\$20 copay / prescription (retail) \$40 copay / prescription (mail order)	Not Covered	Tier 1 Drugs are not subject to calendar year medical or pharmacy deductible. Retail: Covers up to a 30-day supply.	
prescription drug coverage is available at www.caremark.com or call 866-644-7527.	Tier 3 Drugs	\$40 <u>copay</u> / prescription (retail) \$80 <u>copay</u> / prescription (mail order)	Not Covered	Mail Order: Covers up to a 90-day supply, except Specialty Drugs. Select formulary and non-formulary drugs require prior authorization.	
	Tier 4 Drugs	30% coinsurance up to \$250 / prescription (retail/specialty); 30% coinsurance up to \$500	Not Covered		

^{*} For more information about limitations and exceptions, see the plan or policy document at www.mycoresource.com

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information	
		(You will pay the least) / prescription (mail order)	(You will pay the most)		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	Maximum benefit of \$350 per day.	
surgery	Physician/surgeon fees	10% coinsurance	40% coinsurance	None	
If you need immediate medical attention	Emergency room care	ER Facility Fee: \$100 copay / visit + 10% coinsurance ER Physician Fee: 10% coinsurance	ER Facility Fee: \$100 copay / visit + 40% coinsurance ER Physician Fee: 40% coinsurance	Copay waived if admitted.	
	Emergency medical transportation	10% <u>c</u>	<u>oinsurance</u>	None	
	<u>Urgent care</u>	\$10 <u>copay</u> / visit	\$25 <u>copay</u> / visit	None	
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	Maximum benefit of \$2,000 per day. Preauthorization_is required.	
stay	Physician/surgeon fees	10% coinsurance	40% coinsurance	None	
If you need mental health, behavioral health, or substance	Outpatient services	\$10 copay / visit (Routine office visit) 10% coinsurance (Non- routine outpatient services)	40% coinsurance	None	
abuse services	Inpatient services	10% coinsurance	40% coinsurance	Maximum benefit of \$2,000 per day. Preauthorization is required.	
	Office visits	10% coinsurance	40% coinsurance	Prenatal: No charge for initial visit only at	
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	40% coinsurance	participating providers. Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	10% coinsurance	40% coinsurance	Maximum benefit of \$2,000 per day. Preauthorization is required.	
If you need help recovering or have	Home health care	10% coinsurance	Not Covered	Coverage limited to 100 visits per calendar year. Preauthorization is required.	
1000 voiling of flave	Rehabilitation services	10% coinsurance	40% coinsurance		

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Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
other special health needs	Habilitation services	10% coinsurance	40% coinsurance	Coverage for physical, occupational and respiratory therapy. Outpatient Hospital: Max benefit of \$350 per day.	
	Skilled nursing care	10% coinsurance	10% coinsurance	Coverage limited to 100 days per calendar year. Preauthorization is required.	
	Durable medical equipment	50% coinsurance	Not Covered	Preauthorization is required.	
	Hospice services	No Charge	Not Covered	Preauthorization is required.	
	Children's eye exam	No Charge	Coverage up to \$30 max allowance	Limit of one comprehensive eye exam per calendar year.	
If your child needs dental or eye care	Children's glasses	No Charge	Coverage up to max allowance of: Single vision \$25 Lined bifocal \$35 Lined trifocal \$45 Lenticular \$45	Limited to one pair of eyeglasses (frames and lenses) or one pair of contact lenses per calendar year.	
	Children's dental check-up	No Charge	20% coinsurance	Pediatric dental benefits are for members through the end of the month in which the member turns 19. Limit of 2 visits in a 12-month period.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)
- Hearing Aids
- Infertility Treatment

- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty Nursing

- Routine Eye Care (Adult)
- Routine Foot Care, except for diabetes patients
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Chiropractic Care

Bariatric Surgery

Dental Care (Child)

• Routine Eye Care (Child)

^{*} For more information about limitations and exceptions, see the plan or policy document at www.mycoresource.com

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact CoreSource at 1-866-364-3544. Or you may contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) at 1-866-444-EBSA (3272) through EBSA's website at www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-364-3544.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-364-3544.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-364-3544

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-364-3544.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,840

In this example, Peg would pay:

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Cost Sharing	
Deductibles	\$0
Copayments	\$40
Coinsurance	\$1,240
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$1,340

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,460

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$550
Coinsurance	\$190
What isn't covered	
Limits or exclusions	
The total Joe would pay is	\$800

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,010

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$180
Coinsurance	\$160
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$340